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Dr. Le Bell is Director of the Graduate Programme in Clinical Dentistry and Adjunct professor (docent) in Stomatognathic Physiology at the Institute of Dentistry, University of Turku, Finland. She deals with temporomandibular disorders (TMD) and orofacial pain at Turku University Central Hospital and as a private practitioner in Turku.

Main research activity concerns longitudinal studies on treatment need and etiology of TMD, aural symptoms in adults and headache in children and TMD, as well as studies on treatment of TMD in collaboration with the Faculty of Odontology, Malmö University, Sweden.

She has published 45 papers in peer-reviewed international journals and more than 70 abstracts at international congresses and has been the supervisor and reviewer of doctoral theses.

She is the past president of Scandinavian division of the International Association for Dental Research (IADR) and has organized several national and international meetings.

She has been involved in the Continuing Education activity of the Finnish Dental Society Apollonia as a member and president of the Committee for more than twenty years.

She has given more than 250 courses in TMD and orofacial pain in Finland.